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‘EMPIRE’ COMES BACK TONIGHT

TARAJI P. HENSON GIVES US THE SCOOP. PAGE 20

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Wednesday, September 23, 2015 **www.metro.us** | **t: MetroNewYork** | **f: M**

Next stop: New York

Hosanna! Pope Francis arrived in Washington, D.C., yesterday to kick off his first visit to the United States. He is due to arrive in New York Thursday evening and will address the United Nations Friday. PAGE 02

Pope Francis waves from the back of his Fiat after arriving from Cuba. / GETTY IMAGES

Bloomberg’s Styrofoam ban thrown out by judge

PAGE 06

Catching up with our favorite TV mom

PAGES 18-19

Jets slide in at 11 in power rankings

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NEWS

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1 'VIDEO: Local nude Bollywood dancers take over Times Square'

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On the go

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Sikh leaders to pray with Pope Francis at 9/11 Memorial

Pope Francis' first visit to the U.S. includes a historic interfaith service at the 9/11 Memorial.

Pope Francis will be taking New York City by storm later this week for a whirlwind 36 hours, and on Friday, 11 people from different faiths will participate in an interfaith service at the 9/11 Memorial.

After addressing the U.N. General Assembly on Friday morning, Pope Francis will join religious leaders and representatives in Lower Manhattan at 11:30 a.m. Before the service, he is expected to meet with New Yorkers who lost family members on 9/11.

"It is special in a lot of ways — it's his first visit to the U.S., and for him to organize an event that speaks to the diversity of faith and the power of faith is very meaningful," said Simran Jeet Singh, an assistant professor of religion at Trinity University and senior religion fellow for the Sikh Coalition.

"A lot of times symbolism is just symbolism, but in this case it [the interfaith service] does a lot of work for minority communities. … The fact that it's at the 9/11 Memorial resonates for a number of reasons. It aligns with the pope's view that faith has the power to bring people together — especially in response to violence and hate, and it's also especially meaningful for those in the minority community, such as Sikhs, for whom 9/11 was a watershed moment in more than one way," Simran Jeet Singh said.

Simran Jeet Singh, who will watch the service on Friday from the audience while his wife, Dr. Gunisha Kaur, and father-in-law, Dr. Satpal Singh, will share the stage with the pontiff and say a prayer during the service.

Satpal Singh, who teaches at the SUNY Buffalo School of Medicine, was a victim of religious violence in India in the 1980s. He was beaten unconscious and thrown from a train during a wave of anti-Sikh violence.

"I think a long time since you've seen someone with that kind of vision and wisdom and courage, everything he's been saying is very remarkable," Satpal Singh said of the pope.

Satpal Singh said if he had the opportunity to speak to Pope Francis privately, he'd want to talk about eradicating violence against women.

"I think it permeates [for some] that women are for some reasons created less than men. As religious leaders, we can emphasize that that's wrong. … If we speak from our podiums in our churches, synagogues, temples and gurdwaras, it will draw people's attention to what is happening in this world, and God's vision for love and compassion for all."

"I think every New Yorker — whether they're religious or not — identifies with 9/11," said Kaur, who is director of the Global Health Initiative and anesthesiologist at New York-Presbyterian/Weill Cornell Medical Center. "He is making a statement by being there, and that in and of itself speaks volumes of the diversity within the city.

"It doesn't matter who is up onstage. The fact there are minority groups behind Pope Francis, he will do more to protect minority civil rights than any other person in the world probably could," Kaur said.

Pope Francis / GETTY IMAGES

Dr. Gunisha Kaur

Dr. Gunisha Kaur, director of the Global Health Initiative and an anesthesiologist at New York Presbyterian Hospital/Weill Cornell Medical Center.

Quoted

"It is special in a lot of ways — it's his first visit to the U.S., and for him to organize an event that speaks to the diversity of faith and the power of faith is very meaningful."

Simran Jeet Singh

Dr. Satpal Singh

Dr. Satpal Singh, a professor at SUNY Buffalo who was a victim of religious violence in India, will say a prayer at the interfaith service with his daughter, Dr. Kaur.

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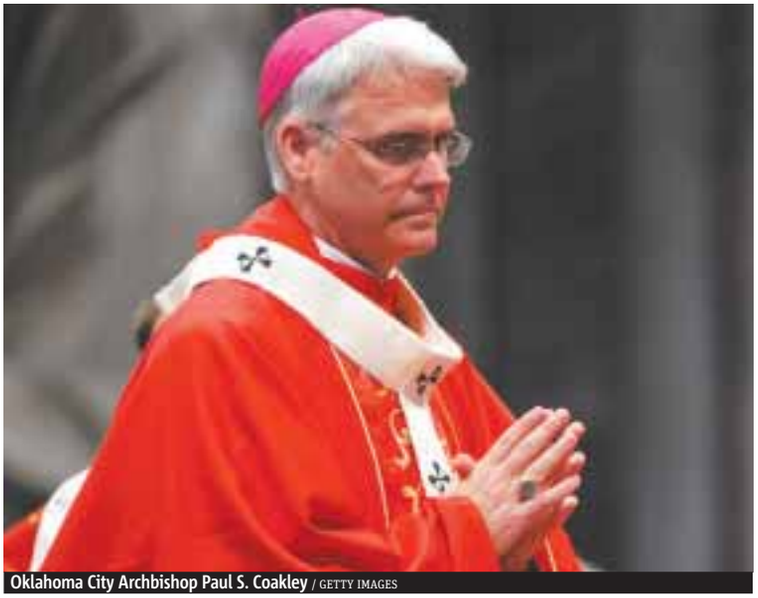

Oklahoma City Archbishop Paul S. Coakley / GETTY IMAGES

Dioceses clash with pope's climate stance

Fracking. Churches are doing business with oil and gas companies.

Claiming that the fight against climate change is an urgent moral duty, Pope Francis in June urged the world to phase out fossil fuels. Yet in the heart of U.S. oil country, several dioceses and other Catholic institutions are leasing out drilling rights to oil and gas companies. In Oklahoma City, church officials have signed three new oil and gas leases since Francis' public statement on the environment.

"There may be some kind of inconsistency here between what the pope has said and what the Church is doing in U.S. oil and gas country," said Mickey Thompson, a consultant and former director of the Oklahoma Independent Petroleum Association.

Oklahoma and Texas have been at the forefront of a boom in energy production, often through the controversial hydraulic fracturing production method known as fracking. Pat Svacina, a spokesman for the Diocese of Forth Worth, Texas, said the diocese received $31,661 from its leases so far in fiscal year 2015. "The way the leases are written, it is very difficult to cancel a lease that is in production," Svacina said.

Church authorities receive a royalty ranging from 15 to 25 percent of the value of what is taken out of the ground. The Vatican does not have direct power over investment decisions taken by dioceses in the United States, a responsibility reserved for their bishops.

Oklahoma City Archbishop Paul S. Coakley signed the most recent deal on Sept. 3, giving privately held oil company Comanche Resources rights to operate on 160 acres in Major County in exchange for 18.75 percent of the value of the oil and gas produced.

A spokeswoman for the archdiocese declined to comment, and efforts to reach Coakley were not successful. **REUTERS**

Quoted

"There may be some kind of inconsistency here between what the pope has said and what the Church is doing in U.S. oil and gas country."
Thompson

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Foaming. Judge overturns NYC ban on Styrofoam containers

New York City's ban on single-use Styrofoam goods might be short-lived after a Manhattan judge ruled on Tuesday against the ban on foam packing and containers that went into effect in July.

The law, which was one of the last bills passed by former Mayor Michael Bloomberg, was challenged earlier this year by a group of foam goods advocates who argued the city never gave them a fair shake to prove polystyrene foam is recyclable.

Michael Westerfield of Dart Container Corp., which produces foam products and helped arrange a pilot recycling program last year, said that the offer to set up the program stands.

"The victory here is for the environment and for recycling," Westerfield said in a statement. "We are eager to work with the city to get recycling started as soon as possible."

A plastic foam container
GETTY IMAGES

In the decision, New York Supreme Court Justice Margaret Chan determined that the city's argument that there was no market for dirty food containers was flawed, and that interest for recycling the goods will only grow.

However, the city is not budging on its opposition to foam goods. A spokeswoman for Mayor Bill de Blasio said the administration disagrees with the ruling.

"These products cause real environmental harm, and we need to be able to prevent nearly 30,000 tons of expanded polystyrene waste from entering our landfills, streets, and waterways," Ishanee Parikh said in a statement. "We are reviewing our options to keep the ban in effect."

It's unclear whether the January 2016 deadline for businesses around the city to get rid of foam products will stand.

The de Blasio administration took up Bloomberg's cause to ban foam products soon after taking over City Hall. At the time, New York became the largest city to ban expanded polystyrene foam.

When the mayor announced the ban in January, his office argued that the company Dart secured to recycle foam products at no cost to the city was only for a five-year commitment. CHESTER SORIA

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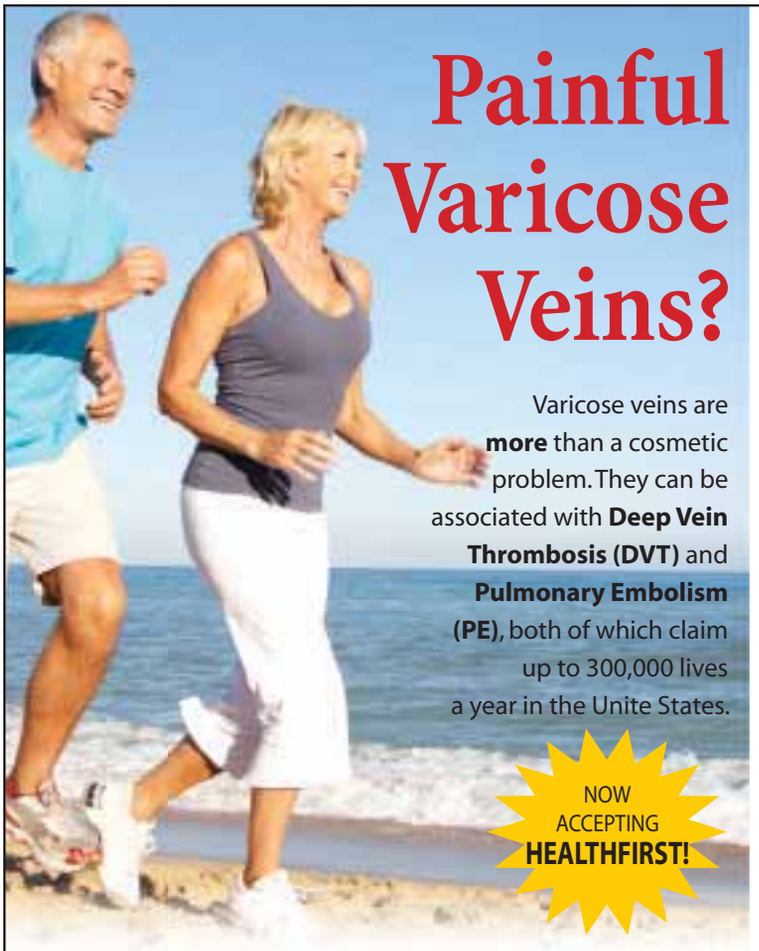

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Sore Legs and Feet—a Sign of Serious Health Problems?

Most of us don't think much about our legs and feet until they start hurting. When they do, we may try to live with the pain, instead of seeing a doctor about it. Putting off a checkup, however, can have serious health consequences, as sometimes foot and leg problems can hide deeper health issues.

Doctor Yan Katsnelson—a Harvard-trained cardiovascular surgeon, expert in minimally invasive surgery, and founder of the USA Vein Clinics—tells us why it's so important to see a doctor sooner rather than later when experiencing leg and foot pain.

Research has shown that nearly 50% of the world's population will eventually be plagued with vein disorders. The symptoms, however, are sometimes difficult to detect during the early stages. What should we watch for?

If your feet feel tired and swollen at the end of the day, or if a tingling sensation bothers you and you see a blue, web-like pattern on your skin, it's time to see a specialist, as these could be signs of a potential problem. If you wait, the symptoms may become worse, possibly leading to pain, ulcers, and even blood clots.

There's a tendency to ignore the warning symptoms of vein disease. Why is that dangerous?

Veins are blood vessels that pump blood to the heart. They contain special valves that open to let blood flow in the right direction and close to prevent it from flowing in the wrong direction. If these valves start malfunctioning—the main symptom of varicose veins—serious complications may follow. In some cases, without treatment, they may lead to the loss of a leg.

What do you say to people who may be frightened of doctors, or the treatments they may recommend?

I would say to readers of *Metro* and all of our patients— don't be scared! Due to a new revolutionary procedure implemented a few years ago— Endovenus Laser Treatment (EVLT)—it is practically painless, and the patient can quickly return to his/her regular activities. Treatment typically takes about half an hour if the veins at the beginning stages of the disease—more complicated cases may require several treatments. The day of the procedure, we recommend the patient walk short distances, and in two days, completely resume all physical activities. In three to four days, we check the vein status ultrasonically.

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Pope Francis arrives for his first visit to the United States

Flight from Cuba. An Alitalia plane carrying Pope Francis touched down at Joint Base Andrews.

Pope Francis arrived on his first visit to the United States on Tuesday, bringing to Washington a message that its power and wealth should be made to serve humanity, and not the other way around.

Schoolchildren who gathered on the tarmac to welcome Francis cheered as the plane descended. "We love Francis, yes we do. We love Francis, how about you?" they chanted.

In a sign of the importance that the White House gives to the visit, President Barack Obama took the unusual step of traveling to the air base with his family to welcome Francis.

The two men will meet again on Wednesday at the White House, after which the 78-year-old pope will parade past Washington's major monuments before a crowd expected to reach tens of thousands.

The pontiff has electrified liberal-leaning U.S. Catholics with his shift in emphasis toward forgiveness and concern for the poor. He has dismayed some conservative followers with comments of concern over climate change and a pivot away from messages focused on the church's ban on birth control and opposition to abortion and same-sex marriage.

Francis was also expected to talk about immigration during his six-day visit, a top issue for him since his first days as pope in 2013.

He will make the first address by any pope to the U.S. Congress on Thursday, a speech to the U.N. General Assembly in New York on Friday and an open-air Mass in Philadelphia where 1.5 million people are expected to attend.

Francis spent four days in Cuba, where he urged a continued reconciliation between the Communist-run island and its superpower neighbor, building on a new detente he helped to broker earlier this year. REUTERS

Members

1.2B

The Argentine-born pope is the leader of the world's 1.2 billion-member Roman Catholic Church.

Pope Francis is greeted by President Barack Obama, first lady Michelle Obama and other political and Catholic Church leaders after arriving from Cuba at Joint Base Andrews, Maryland. / GETTY IMAGES

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Plush and bobblehead versions of Pope Francis are on sale at the World Meeting of Families in Philadelphia. / CHARLES MOSTOLLER

When the prayers fail, insurance steps in

Nuts and bolts. Insuring the visit of Pope Francis is a complex and expensive task.

Insurance

In 1994, New York City was preparing for a visit from an aging John Paul II. The church spent millions preparing for the pope's visit, but there was a lingering concern: What if he wasn't healthy enough to come?

- Those fears turned into a reality. John Paul II had a broken hip and his doctors nixed the trip.
- Insurance companies that underwrote the cancellation policy ended up paying out $13 million.

Man plans, god laughs, as the old saying goes. But what does the Catholic Church do to protect itself if its prayers for a safe papal visit go unanswered?

It buys insurance.

"In my business, it's called seat-of-the-pants underwriting," said LeConte Moore, a managing director of DeWitt Stern, which brokered the insurance contract for Pope Francis' visit to Philadelphia.

Moore has brokered insurance deals for four presidential inaugurations. He's done major rock concerts and even provided coverage for organizers of pay-per-view events in case cable goes down.

Unlike a rock concert held in a stadium, there aren't any hard boundaries to Pope Francis' visit, and nobody really knows how many people are coming. And unlike life insurance, where insurers have a good idea of how long people will live based on years of history, there isn't a lot of data for occasions like a papal visit, which might require an insurance policy worth more than $30 million.

That means companies are taking a big risk in deciding what to charge.

"There's no guidebook based on events in the past," Moore said. "Very few companies like to write special-event insurance."

Moore said that W.R. Berkley is the lead insurer on the visit — the same company that insures the Super Bowl.

The insurance covers routine things such as slip and falls and rare events such as a stage collapse. It evens insures damage to the Gettysburg Lectern — the podium used by Abraham Lincoln when he gave the Gettysburg Address, which will be used by the pontiff on Independence Mall.

Terrorism in particular is a hard risk to gauge. The FBI and Secret Service may be the world's experts on security, but they don't exactly give insurance companies a window into their operations to help the archdiocese keep its costs low.

Insurers also charge based on the type of guest. In a classical music hall, they might charge one penny for every guest. At a rowdy rock concert, it could be 25 cents each.

A woman poses with a pope cutout souvenir in Philly. CHARLES MOSTOLLER

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Environmental activists protest against the proposed Keystone XL pipeline. / GETTY IMAGES

Clinton says she opposes Keystone XL pipeline

Pipeline. Three phases of the project are in operation, and the fourth is awaiting U.S. government approval.

Democratic U.S. presidential candidate Hillary Clinton said on Tuesday that she opposes the Keystone XL pipeline.

"I have a responsibility to you and other voters," Clinton, a former secretary of state, said at a town hall event in Iowa.

"I think it is imperative that we look at the Keystone pipeline as what I believe is the distraction from the important work we have to do to combat climate change.

"Therefore, I oppose it," she said.

Clinton said last Thursday that the Obama administration's decision on whether to approve the Keystone XL pipeline oil pipeline was overdue and she "can't wait too much longer" to say where she stands on the issue.

The White House said last month that the State Department continued to review TransCanada Corp.'s proposed Keystone XL pipeline from Canada's oil sands to Gulf Coast refineries. REUTERS

Pentagon

Guantanamo detainee Shalabi transferred to Saudi Arabia

The United States said it had transferred Abdul Shalabi, a longtime hunger striker at the Guantanamo Bay prison, to his home country of Saudi Arabia.

His departure after more than 13 years at the Guantanamo facility leaves 114 detainees at the U.S. naval base in Cuba, the Pentagon said in a statement.

The U.S. Defense Department has described the 39-year-old Shalabi as a member of al Qaeda and a longtime bodyguard for former al Qaeda leader Osama bin Laden. REUTERS

US Senate

Democrats block defense spending bill

Democrats blocked the fiscal 2016 defense spending bill in the U.S. Senate on Tuesday, amid a fierce fight with Republicans over tax and spending policy days before a potential Oct. 1 government shutdown.

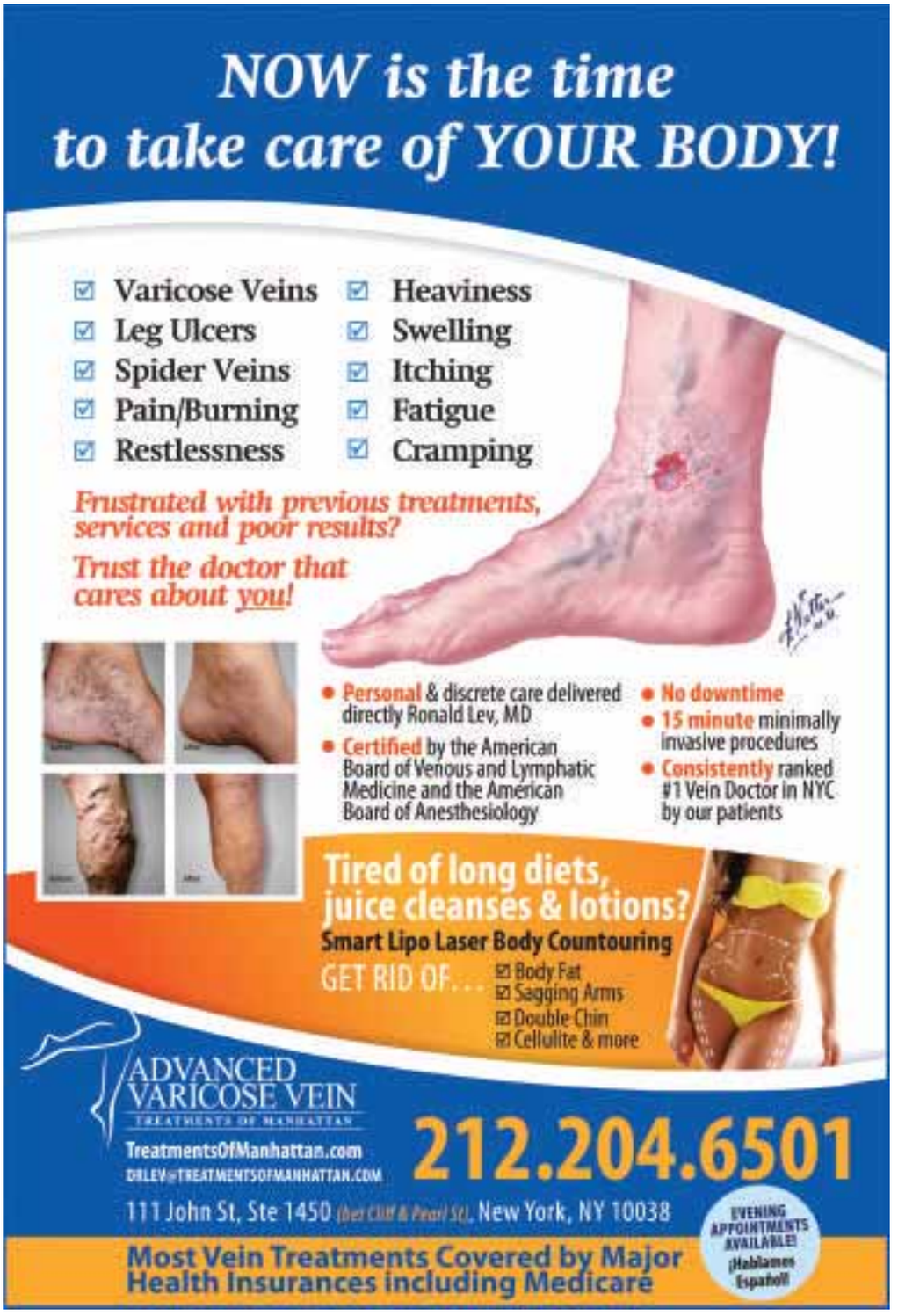
The vote was 54-42, largely along party lines, with Republicans voting yes and Democrats no. It meant the appropriations measure failed to achieve the 60-vote majority needed to advance to final passage in the 100-member Senate.

Congressional Democrats and Republicans are fighting over a range of tax and spending issues as the end of the fiscal year approaches.

In the case of the Department of Defense, Democrats oppose a Republican-led plan to use some $38 billion in special war contingency funds to let the Pentagon sidestep mandatory "sequestration" spending cuts put in place under the 2011 Budget Control Act.

A similar vote on the appropriations bill in June also failed.

The two parties also have been arguing over Republican-led efforts to include a measure to defund the women's health care provider Planned Parenthood in any temporary funding bill to keep the government open. REUTERS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"Fraction Of An Inch" Success And Failure With Popular

Vital Information All Knee Arthritis Sufferers

By Matt Edgar-Health Writer

Manhattan - In just a moment I'm going to tell you about a very "candid" and somewhat embarrassing moment I had with a doctor.

A moment most doctors would not want you to know about.

As I reveal what happened in that moment - it will become clear to you not only why this doctor has so much success treating knee arthritis pain... but you will also discover a possible way to relieve some or all of your pain, too.

But before I tell you all that - let me ask you this: How would you like to finally have a real medical solution for your knee arthritis pain?

Not some scam sold on an infomercial or the internet. **A real medical treatment that has already worked for countless people just like you and is covered by most insurance and medicare?**

Can you imagine what it would feel like to be able to eliminate enough of your pain and stiffness so you can get out of bed without pain and go for walks and even do things like play golf or tennis?

How relieved would you be if you felt so much better that you no longer needed to go through total knee replacement surgery and all the grueling rehabilitation?

Sounds Too Good To Be True?

I'm glad we agree. It does sound too good to be true. That's because all patients react differently and get different results from ***real medical treatments.***

That's also why no ethical doctor would promise or guarantee ANY results... for ANY treatment. EVER.

In fact - if you do start hearing over-the-top, exaggerated claims like: "cure for knee arthritis" or "eliminates all pain" or "works for everyone" you should run like heck.

But the fact of the matter is: If you qualify for the treatment you are about to discover, there is a good chance you may be able to relieve some or much of your pain.

I know because thousands of knee arthritis sufferers... just like you... have already found the relief you are looking for.

And even better - this might work for you if your pain is new... or if you have advanced knee arthritis that has made it difficult to even walk.

Here's The Treatment And The Embarrassing Moment

The treatment is called viscosupplemtation. If you have not heard of this treatment - I will explain how it might help you in just a moment. If you have heard of it - or even had this treatment without good results - this information is a "must read."

Here is why: When you have arthritis, one of the things that happens is the lubricating fluid in your joints deceases. This causes joint surfaces to rub, then grind against each other which causes swelling and pain eventually eating way at the cartilage.

Researchers have developed a natural lubricating gel that can be placed in the arthritic knee joint - this cushions and coats the joint allowing it to glide more smoothly which often decreases pain. Sometimes dramatically . Treatment with this special lubricating gel is called

Advanced Knee Arthritis Treatment Offers New Hope For Pain Sufferers In New York City

Nothing Spreads The Word Like Caring Doctors and Results - Knee arthritis sufferers have swarmed the OsteoRelief Center in Manhattan, NYC and Norhtern New j Jersey ever since word got out of their advanced medical procedure for knee arthritis

Viscosupplementation.

This all sounds great - in theory. But there is a BIG problem with this treatment.

Allow Me To Explain...

While doing research on this treatment, I traveled to amedical clinic in New York City, This clinic had an excellent reputation and I got to speak not only with doctors but with several patients who ranted and raved about the results.

Many said they had tried countless other treatments in the past... including viscosupplementation... but nothing worked until they had viscosupplemtation at *this* clinic.

I was skeptical, so I asked one of the doctors why. How could it be possible that the same treatment that did not work when done elsewhere... was getting results when done here?

His response was honest and a little shocking. And the bottom line was...

"All Doctors Are Human And Sometimes They Mess Up"

I discovered that this treatment must be VERY PRECISE. In other words, the doctor must be very accurate and actually get the lubricating fluid precisely into the arthritic joint space -
or the treatment will be rendered useless.

Many doctors do not want to admit it - but it is very easy to miss the joint space and alter the treatment results.

In fact, research shows that doctors doing these types of joint procedures without advanced imaging may miss the joint space as much as 30% of the time.

Technology To The Rescue

Thankfully technology is solving this problem. How? It's making doctors much more accurate and this treatment much more effective.

Advanced imaging is now available that allows doctors to actually see directly into the joint space and watch the treatment. Doctors can see, or check, if the lubricating fluid goes directly into the joint space - or misses.

The doctor knows if the applied treatment has been a success... or failure... INSTANTLY.

The Difference Between Knee Arthritis Treatment?

Should Know... *That Might Be Keeping You In Pain*

Here's something incredible: I was able to watch many procedures actually being performed and I was shocked at how many times the doctor thought he had perfect placement... ***but the imaging proved him wrong.***

I was amazed how only a ***fraction of an inch*** would make the difference **between** success and failure.

The best thing is: When the procedure was not perfect - because of the imaging - the doctor knew instantly and was able to make the slight change necessary and achieve the results they were looking for hitting the targeted painful knee joint.

"Double Confirmation" For Best Results

That's why the doctors at this clinic have taken it one giant step further to give their patients the best. They do not just use one form of confirmation during treatment - they use two in their **"double confirmation"** process. This is to ensure patients get the best possible results.

It became clear to me that using this advanced imaging and "double confirmation" process just might be why the doctors at this medical clinic get results when others were not.

What Results Can Be Expected?

Like all medical treatments, the results vary and can not be predicted. But many knee arthritis sufferers get dramatic results. It is not uncommon for patients to either postpone knee replacement surgery for years... or even permanently cancel it.

Who Is This For?

This treatment is not for everyone - but if you qualify you may be able to relieve some or all of your pain. That's why OsteoRelief has a an innovation for you...

Your Invitation

OsteoRelief Centers offer a limited number of complimentary knee arthritis treatment screenings every month. These screenings are a way for knee arthritis sufferers to get some of their questions answered and see if they are a candidate for one of the cutting-edge treatments offered at OsteoRelief Center. If you would like a complimentary screening, just call **800-227-KNEE (5633)** and tell the scheduling expert who answers the phone, "I would like a complimentary knee arthritis screening."

The screenings fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month.

This screening is no cost and there is no further obligation. The best thing about this screening for so many is being able to breathe a big sigh of relief because you finally have hope to relieve your pain and get your life back

Many of the treatments offered at OsteoRelief Institute are covered by many insurance plans and Medicare.

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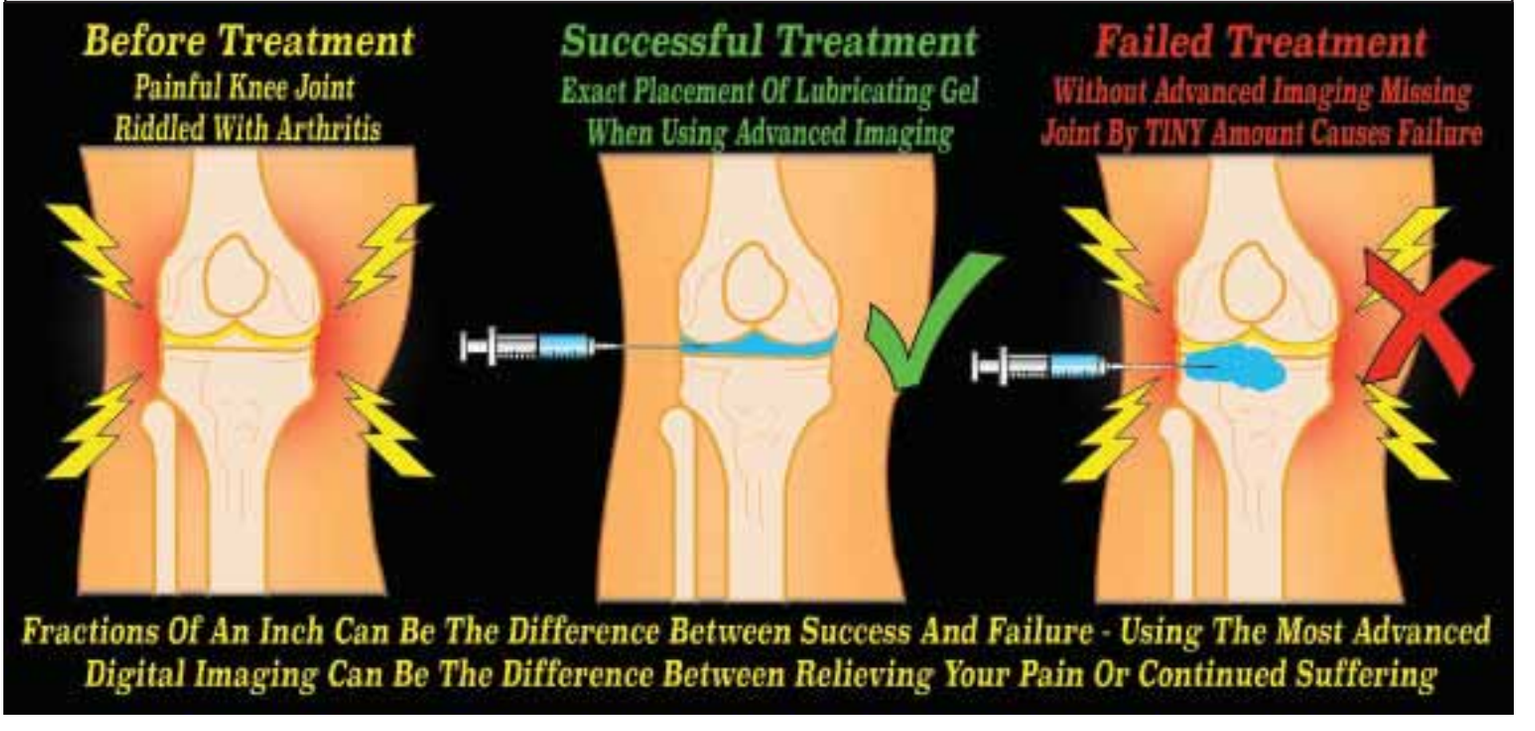
Why A Fraction Of An Inch Can Be The Difference: **Advanced imaging is used to "double confirm" placement of lubricating gel on the surface of the arthritic joint - giving the best possible chance to**


Before Treatment
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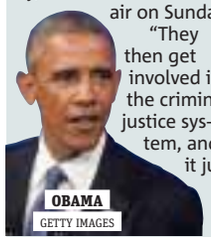
Exact Placement Of Lubricating Gel
When Using Advanced Imaging
Failed Treatment
Without Advanced Imaging Missing
Joint By TINY Amount Causes Failure
Fractions Of An Inch Can Be The Difference Between Success And Failure - Using The Most Advanced
Digital Imaging Can Be The Difference Between Relieving Your Pain Or Continued Suffering

Five things you need to know

1 Obama, in prison documentary: US legal system has been 'unjust'

The United States has too long ignored the effect of high incarceration rates on minority and poor communities, President Barack Obama said in a TV documentary featuring an unprecedented presidential visit to a prison.

"As a society we seem to be OK with certain communities being locked in this cycle where kids are being raised around drug crime. They naturally gravitate toward drug crime," Obama told six inmates in July at the prison in the documentary, which is scheduled to air on Sunday.


OBAMA
GETTY IMAGES

"They then get involved in the criminal justice system, and it just churns, and everybody thinks that's normal," the president told the nonviolent drug offenders at the medium-security El Reno federal prison in Oklahoma. His visit is part of HBO's "Vice" documentary program.

Obama has made criminal justice reform a top priority of his final years in office and beyond.

More than 1.5 million Americans were in state or federal prisons at the end of 2013, according to the Bureau of Justice Statistics. African-Americans comprised about a third of the prisoners at the time despite being just 15 percent of the U.S. population.

During an interview for the Vice documentary, Obama said the U.S. justice system "tilts in a direction that is unjust," especially for nonviolent drug offenses.

"This is an area where the statistics are so skewed, you have to question whether we have become numb to the cost that it has on these communities," he said. **REUTERS**

2 Senate to sidestep abortion fight in funding bill

Republican leaders in the U.S. Senate, hoping to avert an Oct. 1 government shutdown when federal funding runs out at the end of the current fiscal year, are likely to advance a stop-gap spending bill that abandons attempts to halt funding for Planned Parenthood, Senator John Cornyn said on Tuesday.

"Given the president's opposition and Democrats' opposition, at some point I anticipate there will be a clean CR," Cornyn, the second-ranking Republican, told reporters, referring to the temporary government funding bill known as a "continuing resolution."

He said he did not know whether the House of Representatives would embrace such a bill, however. **REUTERS**

3 Americans overpaying for cancer drugs

Americans are paying way over the odds for some modern cancer drugs, with pharmaceutical companies charging up to 600 times what the medicines cost to make, according to an independent academic study.

The United States also pays more than double the price charged in Europe for these drugs, so-called tyrosine kinase inhibitors, a potent class of cancer pills with fewer side effects than chemotherapy.

The analysis by pharmacologist Andrew Hill of Britain's University of Liverpool is likely to fuel a growing storm over U.S. drug costs.

Hillary Clinton's declared aim to lower the cost of prescription drugs by ending what her campaign describes as "excessive profiteering" triggered a sell-off in drug stocks this week. **REUTERS**

4 South Dakota fire with six dead likely murder-suicide

Authorities believe a man shot his wife and four children to death, set fire to their house in South Dakota and then killed himself, the state attorney general's office said on Tuesday.

All six family members were found dead on Thursday after a fire destroyed their house near Platte, a small city about 110 miles west of Sioux Falls.

State and county investigators believe Scott Westerhuis died by a self-inflicted shotgun wound, the state attorney general's office said in a statement. There are no other suspects, a spokeswoman for the office said.

Preliminary autopsy reports indicate that his wife, Nicole, and children Kailey, Jaeci, Connor and Michael were killed by shotgun wounds and are homicide victims. **REUTERS**

5 Microsoft begins release of Office 2016

Microsoft said it began the worldwide rollout of Office 2016, the latest addition to its cloud-based subscription service Office 365, on Tuesday.

Office 2016 brings new versions of desktop apps for Windows including Word, PowerPoint, Excel, Outlook and Access and allows people to collaborate.

"These latest innovations take another big step forward in transforming Office from a familiar set of individual productivity apps to a connected set of apps and services designed for modern working, collaboration and teamwork," Chief Executive Satya Nadella said in a statement.

The new Office 2016 apps are available in 40 languages. **REUTERS**

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Volkswagen says 11M cars hit by scandal, investigations rise

Questionable. Volkswagen was challenged as far back as 2014 over emissions test.

Volkswagen said a scandal over falsified U.S. vehicle emission tests could affect 11 million of its cars worldwide as investigations of its diesel models multiplied, heaping fresh pressure on CEO Martin Winterkorn.

Volkswagen has brought forward a meeting of senior supervisory board members to Tuesday evening from Wednesday, with Winterkorn's future on the line, a German newspaper reported, citing board sources.

The report in the Hannoversche Allgemeine Zeitung followed an earlier story in the Tagesspiegel newspaper saying the board would replace 68-year-old Winterkorn with Matthias Mueller, the head of the automaker's Porsche sports car business.

Volkswagen CEO Martin Winterkorn / GETTY IMAGES

Cover the cost

$7.3B

Volkswagen said it would set aside $7.3 billion in its third-quarter accounts to help cover the costs of the scandal, blowing a hole in analysts' profit forecasts.

A Volkswagen spokesman denied the Tagesspiegel report. Winterkorn did not mention his future in a video message posted on the company's website in which he repeated his apology for the scandal.

But a key Winterkorn ally withheld public support for the chief executive.

"I don't want to preempt the upcoming intense deliberations and will not comment on details or any consequences," Stephan Weil, head of the German state of Lower Saxony, told reporters in Hanover when asked about Winterkorn's future.

The U.S. Environmental Protection Agency said on Friday that Volkswagen could face penalties of up to $18 billion for cheating emissions tests. REUTERS

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Date: Tuesday, September 29, 5:30pm – 7:00pm.

Location: NYU Langone Medical Center.
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Info: This lecture is free and open to the public. To attend, call 212.263.5162 or email cvdprevention@nyumc.org

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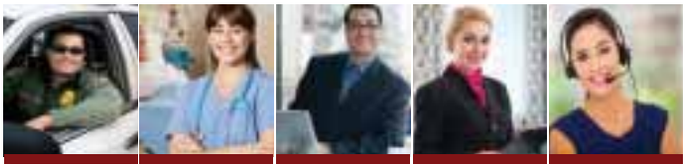

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Another setback

French court upholds ban on Uber's service using drivers who aren't professionals

France's Constitutional Court upheld a national law that banned one of Uber Technologies' car services that relies on nonprofessional drivers using their own vehicles, dealing another setback to the company in Europe.

Uber had challenged the legality of a law passed by the French government, which banned its so-called UberPOP service and updated rules on how taxi companies could compete.

"The Constitutional Court rejects all the arguments raised by the company and declares the contested parts of the law as conforming with the Constitution," the court said. REUTERS

Hacks. Apple plans steps to prevent future App Store attacks

A senior Apple executive on Tuesday said the company would make it easier for Chinese app developers to download its tools for building mobile apps in a bid to prevent further attacks on its App Store.

In the wake of the first major breach on its outlet for distributing iPhone and iPad software, Apple marketing chief Phil Schiller told Chinese news site Sina.com that it will offer domestic downloads within China of its software for developing apps.

He made the comment after Apple on Sunday confirmed that the App Store had suffered its first large-scale breach. Unknown hackers infected legitimate programs by persuading app developers to download a tainted copy of the toolkit. It was the first time a company executive has talked about efforts to secure the App Store since the attack surfaced late last week.

Chinese app developers have told Reuters they resorted to downloading the tainted software kit for developers from unofficial, third-party sources because of slow speeds downloading from Apple's official servers located overseas. Many complained the U.S. tech giant should do more to support developers in the company's second-biggest market.

The company announced that it was moving to clean up its App Store on Sunday, after several cybersecurity firms reported finding a malicious program dubbed XcodeGhost that was embedded in hundreds, possibly thousands, of legitimate apps.

It is the first reported case of large numbers of malicious software programs making their way past Apple's stringent app review process. Prior to this attack, a total of just five malicious apps had ever been found in the App Store, according to cybersecurity firm Palo Alto Networks Inc. REUTERS

Apple removed the malicious versions of the apps from the App store and those developers replaced them with clean updates. / GETTY IMAGES

Tainted apps

25

Schiller also said that Apple plans to list 25 tainted apps that the company has identified so that customers can delete and update them, according to the Chinese-language site.

Feet Hurt? Bunions? Hammertoes? Heel Pain?

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- The sides of my toenails dig into the skin and hurt.
- I have a large bump behind my big toe (or little toe) which is always red.
- I get an extremely painful "cramp" in the area of my third and fourth toes when wearing shoes.
- My toes aren't straight– they are all cocked-up, bent and hurt.
- I have painful calluses on the ball of my foot which keep building up.
- I have corns on my toes which get thick no matter what shoe size I wear.
- The bottom of my heel hurts all day, but it's worse when I step out of bed in the morning.
- I have cramps in my legs which always happen when I walk the same distance.
- My ankles are swollen most of the time.
- My feet are always dry and scaly – sometimes they itch.
- My feet just hurt all over when I stand or walk a lot.
- I have numbness, burning, infection, persistent pain, skin rash, or open sores.

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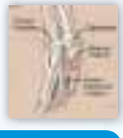

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1 January Jones and Will Forte split up, were apparently dating

ALL PHOTOS GETTY IMAGES

"Last Man on Earth" stars Will Forte and January Jones have reportedly broken up after five months of dating, according to Us Weekly. Wait, they were dating? And while they were both at the Emmys Sunday night — with Forte making a hilarious cameo in Andy Samberg's opening number — the split apparently happened last month. Sources say there were no awkward run-ins at the ceremony or afterparties, so there's that, at least.

As for why they couldn't make it work, it's less to do with bridging the comedy and drama divide, apparently. A source spills that single mom Jones has been telling friends, "Relationships are a pain in the ass." Sure, but Forte seems so chill. As a side note, isn't it superawkward when you find out two people are dating by hearing about their breakup?

Eva Mendes sticks up for maternity style

You there, snarky fashion-watchers, maybe lay off the pregnant ladies, OK? That's the position Eva Mendes is taking, and honestly it's embarrassing someone has to say it, but such is the world we live in. "I don't think it's fair to comment on [pregnant] women. I think that's when we should be off-limits," she tells Elle.com. "I was basically in an oversized T-shirt — a very oversized T-shirt — for a long time. I didn't do anything stylewise." Not that there's anything wrong with that.

Guys, be nice.

2 Snoop Dogg launches stoner network

Snoop Dogg's love for weed is no secret, and the rapper is channeling that passion into the launch of Merry Jane — a tech platform that centers on cannabis — which he announced this week at TechCrunch Disrupt in San Francisco. After investing in tech products and platforms in the last year with a focus on the marijuana industry, Snoop Dogg launched the site with a limited amount of beta tester invites, according to TechCrunch. "There are so many people in the closet, and we are giving them an opportunity to come out of the closet and just admit they like to smoke," the rapper says. "I'm a smoker, my name is Snoop Dogg and I'm a stoner." Shocker. CRISTABELLE TUMOLA

You may find this hard to believe, but ...

THE WORD

Ned Ehrbar takes on the world of gossip.

NED EHRBAR
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3 Robert Pattinson is ashamed of his body

Poor Robert Pattinson. The former "Twilight" star admits that as he inches toward 30, he's finding it trickier to stay in shape — and harder to hide that fact from prying eyes. "It used to be that I could start working out four weeks before a job and it would be totally fine. Now? Nothing happens," he laments to the Times. "What the f— is going on? I had to go on holiday to an extravagant secret location this year because I was afraid of someone photographing my gut."

FEELING BLOATED

Man, right there with ya. Except for the going-on-vacation part. Other than that, totes simpatico. Also, Pattinson wants it to be known that there is at least one good part about global stardom: "I'm so glad about the vanity required in this job, because if I didn't have to stay in shape I'd be such a fat-ass," he admits.

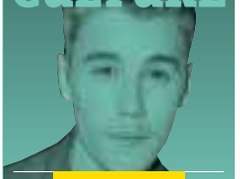
Daily video

Getting' piggy with it

This is totally NSFW, but then neither is the bizarre story out of Great Britain it's sending up. Also? This will be in your head all day. Smart-aleck YouTuber cassetteboy mashes up Will Smith's "Gettin' Jiggy With It" and a bunch of clips of David Cameron speeches and gives us this danceable confession from Cameron of what he's going to be doing later with some poor, dead pig. Enjoy!

CASSETTEBOY, YOUTUBE

2 CULTURE



Twitter feed

Today, Judd Apatow is finished, Steven Soderbergh is eavesdropping, Billy Eichner is disappointed, Sarah Silverman is feeling accomplished and Justin Bieber is feeling pretty good.

@JuddApatow: I no longer have the attention span needed to write a tweet.

@Bitchuation: Overheard, Man into his cellphone: "I didn't understand if you were having your nocturnal activities today or not."

@billyeichner: There's no pizza rat emoji yet I'm going to die

@SarahKSilverman: You know you're "good for the Jews" when @HolocaustMuseum follows you on Twitter #NeverForgetMyTweets

@justinbieber: Today was an amazing day

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TAKE YOUR LOW-KEY NIGHT TO A WINE BAR

It's easy to see why wine bars are having a moment. Besides discovering new varietals from around the world, there's plenty of attention paid to the cuisine, too. Wine bars are perfect for date nights or just a classier (and quieter) place to hang out with a small group than a normal bar. I like to order a few appetizers, pause for a "wine course" then order a second round of appetizers to end the evening.

For exclusive commentary, visit **Metro.us/blogs**

Aroma Kitchen & Winebar

36 E. Fourth St., NoHo
You'll feel like you've stepped into a small Italian farmhouse at Aroma. Brick walls, wooden tables and candlelight make for a perfect romantic evening. From 5-6:30 p.m. daily, enjoy half-off wine by the glass or bottle. My favorite deal is the $15 flight of three wines and an appetizer. If you're ordering a few dishes to share, try one of the homemade pastas like the ricotta cavatelli with kale and shiitake mushrooms ($17).

8th Street Wine Cellar

28 W. Eighth St., Greenwich Village
Be careful not to walk by this sleek wine bar, hidden below the sidewalk. I love the menu at 8th Street because it's built for sharing, and it's full of interesting combinations. Start with the mushroom or butternut squash bruschetta (3 for $10 or 4 for $12) and then get the tuna sliders ($9). Daily from 4-7 p.m. take advantage of $6 glasses and $18 bottles. Order a cheese plate with an $18 bottle of wine and settle in for a beautiful evening.

Terroir Tribeca

24 Harrison St.
Don't let the massive wine list scare you. Terroir makes trying a new varietal fun. The mostly European list is easily explained by the helpful and knowledgeable staff. From 4-6 p.m. every day, sample sherry starting at $4, $5 beers and $8 wines. Bar snacks ($5) include "fried stuff" and bruschetta that changes daily. During the week, they also offer $1 oysters. I like to order small plates like smoky almonds and Gorgonzola risotto balls while trying different grapes.

Drink. Eat. $ave. NYC.

MONICA DINATALE

Monica DiNatale is a bargains expert, food host and author of "365 Guide New York City," a treasure trove of restaurant deals and bar specials in NYC, available in paperback and e-book.

Return of the mother of the year

Interview. "Goldbergs" star Wendi McLendon-Covey says she admires her character's devotion to family.

Beverly Goldberg is not a mother who does things halfway. As the matriarch at the center of "The Goldbergs," the 1980s-set sitcom about the titular family, she seems to firmly believe there is no quantity of love and affection that might be too much for her children. And Wendi McLendon-Covey, who plays her, says she understands the dynamic of the family.

"My dad was pantsless, most of the time. My mom really was the one raising us, so this spoke to me. And where [the show was] getting the criticism, 'Oh, they yell too much,' I'm thinking, they don't yell enough! Followed by long awkward silences and door-slamming. You can always throw more of that in, if you want to be realistic," jokes McLendon-Covey.

Despite all the yelling, it's always clear that the family members have a deep affection for each other, and McLendon-Covey appreciates that Beverly is unapologetic about the degree of her devotion.

"What I love about her is she loves her family. She does not apologize for loving her family. She takes her job as a mom very seriously," she explains, adding that fans often say they wish she were their mom. "I guess at the bottom of it, as embarrassing as you are as a parent, kids like knowing that you've got [their] back."

And there's never any doubt about the degree to which Beverly looks out for her children. "You know Beverly will kick anybody's ass. She'll say it, and she'll threaten it and she'll follow through," says McLendon-Covey.

Of course, because the show is set in the '80s, that means some unusual cos-

GETTY IMAGES

Catch "The Goldbergs" tonight at 8:30 on ABC. / GETTY IMAGES

tumes for the cast.

"The worst outfit would be my aerobic wear. I did have to be in a leotard, and I'd rather not do that again. The second worst would be my Thanksgiving outfit. Twice I've worn it. I think it's made of vinyl, and it comes off on my skin," says McLendon-Covey.

Some of those outfits came right from the source — show creator Adam Goldberg has borrowed clothes from his mother that McLendon-Covey has then worn on the show.

"The great thing is she wants all this stuff back when the show ends. I don't know what she's going to do with it," says McLendon-Covey with a laugh.

Despite the goofiness of the setting, McLendon-Covey thinks it's the emotion that makes the show a success.

"Forget all the '80s references," she says. "They're there because that's when Adam grew up. Take away the Rubik's Cubes and whatever, and there's a heart there. I've cried my way through many table reads and will continue to do so."

Favorites

New classics

The show's been on long enough that McLendon-Covey has a few favorite episodes. "I did a vow renewal, and that really gave me the feels," she admits. "Another good episode was when I barged into my son's dance and watched him have his first slow dance and it shredded me. Or shredded Beverly. Not me, I held it together.

"But imagine watching your baby fall in love and you're not the main lady anymore!"

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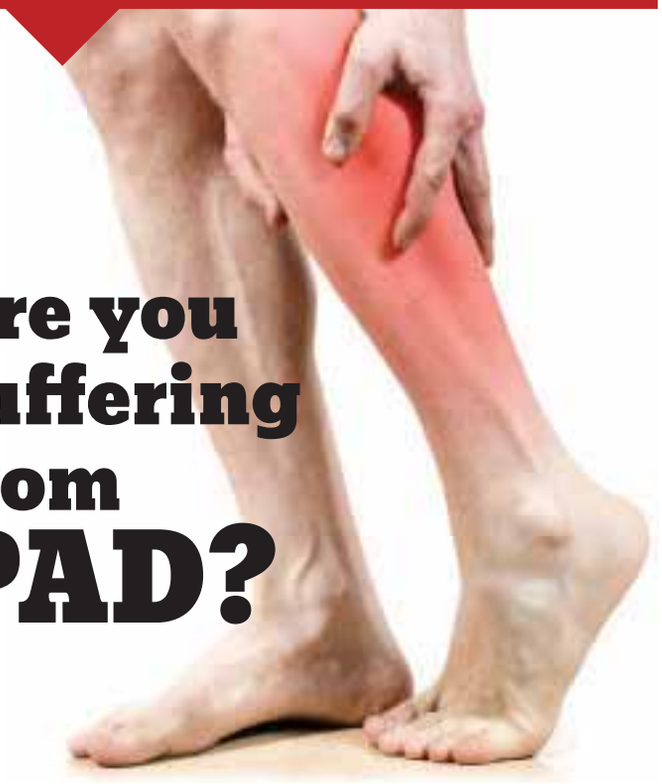

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Cookie is (finally) back in your life

Interview. Taraji P. Henson says her "Empire" character is ready to start storming into rooms again.

"Empire" premieres tonight at 9 p.m. on Fox. / CHUCK HODES, FOX

To say that "Empire" took the TV world by storm last winter would be an understatement. The musical soap opera quickly became one of the most popular shows on television, with fans everywhere obsessing over the next moves of each member of the duplicitous Lyon clan. But a large part of that interest was inspired by Taraji P. Henson's overpowering performance as matriarch Cookie Lyon, who at the beginning of the show had recently been released from prison and was on the warpath to get the family company back in her name.

Cookie is behind a lot of the shifting loyalties of the family's drama, expertly playing each of her sons off of each other and conspiring against her ex Lucious (Terrence Howard), all while dressed to the nines and striding into each room as if she owns the place. When asked if Cookie will be making her trademark big entrances this year, Henson laughs and says, "That's what she does!"

It's a big part of the character, and Henson admits, "When they first started that, I was like, look, we can't have Cookie busting in every room all the time. But the way they write it is so clever, because that's how she is. That's what she would do."

Fans will see much of the same Cookie they fell in love with in Season 1, as Henson promises "not many changes" to her. Instead, the show will be "delving more into the 17 years she was locked away from her family. That says a lot about her."

And like any TV fan, Henson went to a popular source to learn about prison life. "I've been binge-watching 'Orange Is the New Black.' I'm almost done with the second season. It just made me think, that's an important part of her life. We need to know, how did it change her? How did she go in? What did it do to her coming out?"

But that drama may have to share time in her life with her fight with middle son Jamal (Jussie Smollett). While the two started out as the closest pair in the family, by the end of the season, they were completely at odds. And Henson says that's not likely to change, despite how popular the two are: "That's going to kill you. I will say this. You're not going to like that part."

Cookie finds herself in enemy territory in Season 2, as she's recently formed an alliance with Lucious' other ex, Boo Boo Kitty — or Anika, to give her her real name instead of Cookie's hilariously derogatory moniker. Asked whether the two will set aside their differences, Henson just laughs knowingly and says, "You'll have to watch."

GETTY IMAGES

Plot twist

Singing talent

Though Cookie did some singing in the first season, Henson says she's not sure if she'll be doing any in Season 2. "I requested it, and I thought maybe it would be interesting. Because you know women, we're always taking the back burner for our men. Even though we might be the most talented, but to make them feel like a man, we'll take the backseat. So I was like, wouldn't it be interesting — because Cookie is so family-first — if not only did she go to jail for her family, and not rat [Lucious] out, but what if she was the talent when they were younger, and she just decided to say, 'You know what, I'll fall back and let him be the talent.'"

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Aries This is a perfect time for romance. Time spent will strengthen your relationship. If you're unattached, make a point of socializing.

Taurus Try to be more accepting. Not everyone will agree with your way of doing things, but that doesn't make them your enemy.

Gemini Despite a rocky start, you will be able to get through most of your to-do list. An emotional friend will need help sorting out a personal problem.

Cancer Things are on the move and a change in location is possible. Consider all the pros and cons you face. Put your finances in place.

Leo A lighthearted diversion will help you forget everyday worries. Get together with friends and colleagues for a physical or mental competition.

Virgo Negative types will sour your mood and lower your confidence. Align yourself with people who support your efforts.

Libra If you host a get-together, all eyes will be on you. Make the most of a social situation by mixing business and pleasure.

Scorpio Let bygones be bygones. The more you relive the past, the harder it will be to move on. Consider what lifestyle changes you can make.

Sagittarius You have a lot to achieve and you will be inclined to overdo it. Leave yourself time at the end of the day for some rest.

Capricorn You will be surprised at the reaction you get when you are sincere about your needs. For the assistance you seek, you just have to ask.

Aquarius Consider forming a partnership, but don't stretch the truth. Overstating your qualifications will cost you your reputation.

Pisces You have an admirer. Your charm and wit will not go unnoticed, but don't lead anyone on. Offer to help out an elderly relative. **EUGENIA LAST**

metro.us/crossword

Across

1 Piece of chicken
5 Parroted
9 Asian nannies
14 Erelong
15 Comic-strip hyena
16 Tent supports
17 Prima donna
18 Broad-minded
19 Plain as day
20 Stiff
22 Claims
24 Opposite of most
26 Windy City trains
27 Some dinosaurs
30 Billed
35 Hitch — —
36 Swiss-German artist
37 Ibsen woman
38 Grain holder
39 Wooden in manner
42 "Whole — of Shakin' Going On"
43 Is, in Madrid
45 66 and I-80
46 Stay
48 More moth-eaten
50 Smoothed a board
51 Wild ox of Tibet
52 Tornado warning
54 Homer's seafarer
58 That haughty feeling
62 Kiddie-lit author
63 Pocket flaw
65 BBs
66 Free-for-all
67 Bad day for Caesar
68 Tin-can eater
69 Jay's topper
70 Impudent
71 Coastal flyer

Down

1 Crumples up
2 J in JFK
3 Astronomer's sighting
4 Knotty
5 Island welcomes
6 Diary keeper
7 Map dir.
8 Elcar or Wynter
9 Moonshot mission
10 Unpacks the U-Haul (2 wds.)
11 Not — — to stand on
12 Dog-owner's shout
13 Mach 1 breakers
21 Yields territory
23 Quay
25 Helms
27 Ruth and Zaharias
28 Kind of potato
29 1492 vessel
31 Hockey goals
32 Gen. Powell
33 Carve a canyon
34 Asked out
36 Toy with a tail
40 Sidewalk racer
41 Hills and --
44 Ocean trenches
47 Ace, for one
49 Short-legged hound
50 Druid or shaman
53 Lazybones
54 Leatherneck org.
55 Wanton look
56 Festive log
57 Captain's command
59 Love, to Claudius
60 Statuesque model
61 Memorandum
64 Poem by Horace

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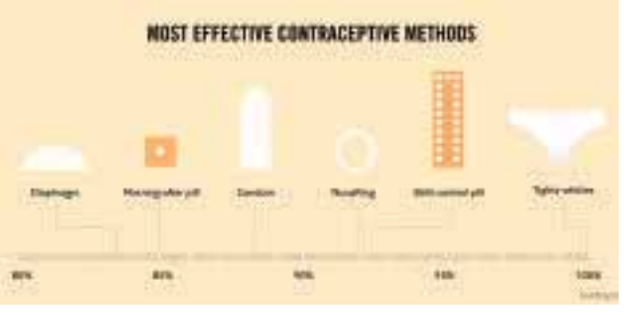

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easy

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		3	9		4		2	
2	7						3	
		5			3		7	2
8								1
7	4		5			9		
	9						1	5
	2		3		5	7		
	1	8			2			

hard

5					9			8
			5	6		7		
			7			9	2	
4			9			5	6	
	6	2				1	4	
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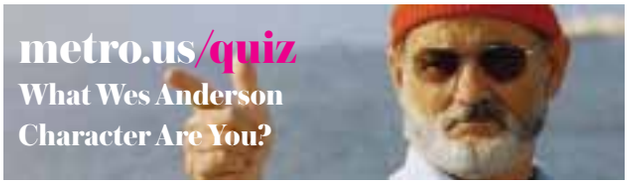
metro.us/quiz



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Outer borough's tallest building will be mostly for renters

PMG's Queens Plaza Park in Long Island City will be one-third condos.

Manhattan's supertall towers cater to condo buyers on the way to reaching their dizzying heights, but the tallest building set to rise in the outer boroughs will be primarily for renters.

Queens Plaza Park, the 914-foot-tall residential building Property Markets Group and Hakim Organization are developing in Long Island City, will set aside the bulk of its 800 apartments as rental units. The building's upper floors will be "condos and the other two-thirds will be rental," said Andy Gerringer of Marketing Directors, the project's new-development marketing consultant.

When it came to the unit mix and pricing, the development team approached the project cautiously in a neighborhood that is "still an emerging market," Gerringer said. Long Island City's condo market has long been a topic of debate since new developments brought renters attracted by the neighborhood's easy commute into Manhattan.

The area has added 6,400 rental units in the last nine years, according to figures from the Long Island City Partnership. By comparison, condo development added about 2,200 units. Prices on for-sale apartments hit a milestone last year when closed transactions crossed the $1,000-per-square-foot mark for the first time, figures from neighborhood brokerage ModernSpaces show. Prices have remained above the $1,000 mark for three of the last four quarters.

"You certainly had condos in Queens before Lehman," said the new-development specialist Nancy Packes. "All along Jackson Avenue is condos, so there's a strong precedent."

TheRealDeal.com is a daily blog and monthly magazine covering real estate in the New York metro area.
THE REAL DEAL

Market watch

Priciest

$50.9 M

53 W. 53rd St. #63
The most expensive property to hit the market this week is a condo in Midtown, marketed by Corcoran. Located in the Jean Nouvel-designed tower rising above the Museum of Modern Art, this four-bedroom, four-and-a-half-bath, full-floor residence features panoramic Central Park, Hudson River, East River and downtown skyline views. It includes a massive living room and a palatial master suite with room for a gym, three generous secondary bedrooms, separate laundry room and service entrance.

Cheapest

$260,000

100 LaSalle Street #15E
The least expensive property this week is a co-op in Morningside Heights, marketed by Morningside Heights Housing Corporation. Located in a community complex of six buildings with eight acres of landscaped gardens, gym, playground, game room, 24/7 private security and more, this alcove studio unit features eastern and southern views, windowed kitchen and ample closet space.

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Maintenance musts: the fall checklist

Now is the time to make sure your nest is nice and cozy for the winter. Here's what to do before the mercury drops.

MONICA WEYMOUTH
@metronewyork
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Clean your gutters now so debris won't get covered with ice once winter hits. ISTOCK

When the temperature begins to dip, it's easy to remember what you need for fall: boots, cable-knit sweaters, pumpkin-flavored everything and more boots. A less exciting — but just as important — list has essentials your house needs for fall.

If you want a happy home over the winter and through the spring, it pays to spend a little time working on your humble abode now.

New to the homeowner game — or, ahem, late to the home-maintenance game? We checked in with Sarah Fogle, the DIYer, remodeler and power-tool enthusiast behind The Ugly Duckling House blog, for her top three fall to-dos.

1 Pest control

You're not the only one who enjoys a nice warm place to hibernate. "I just hired a contractor to finish some exterior siding work, especially along the chimney, and a big part of that was long overdue for preventing critters — woodpeckers and squirrels in particular — from becoming unwelcome roommates," says Fogle. "I'm also replacing old screens on the wooden gables in the attic — again, to prevent a pesky squirrel from moving in this winter."

2 Insulating touch-ups

Remember last February's heating bill? That should be the only motivation you need to whip out the caulking gun. "This is one of those fix-it-as-you-go kind of things, but I almost always run into a new spot somewhere in the house that could use better insulation," says Fogle. "I've done a number of caulking projects in the past, but I'm probably going to add replacing the weather stripping to the to-do list this year."

3 Garden maintenance

Come April, your yard doesn't have to look like a morning-after mess. "Every spring, it's weed city, and a significant amount of that is preventable," says Fogle. "This fall, I'm preparing my new garden beds to stay weed-free this winter with free materials like cardboard and newspaper, which make spring planting even easier."

Prep your garden beds for winter now so they'll be weed-free come spring. ISTOCK

To DIY or not to DIY?

Unless you count electrical engineering as a hobby, sometimes you simply have to hire a professional. But for those minor renovations and moderate repairs? The Ugly Duckling House blog is a testament to how much you can do yourself if you aren't afraid to get your hands dirty. "The biggest benefit, at least for me, is the pride of knowing that I can," says Fogle. "Even after five years of DIY, I still run into lots of challenges that I've never seen before. My first reaction is almost always to get intimidated and put it off. But with all of the other projects I've got under my belt, I know from experience that just because I haven't done it yet doesn't mean I can't."

Other maintenance musts

1. **Pay a visit to your roof.** The time to make a repair is now, not when you have a snowdrift in your kitchen.
2. **Clean those gutters.** Because the last thing you want hanging out next to a pile of leaves is a pile of ice.
3. **Service your heater.** Make an appointment while the weather is still mild. Not only will you catch any problems before the mercury drops, but a clean and well-maintained heating system will improve the quality of your air, as well.
4. **Inventory your yard equipment.** Cleaning the lawn mower before stowing it away is a nice touch. But if nothing else, make sure your snow shovel is in fighting shape and your rock salt is at the ready.

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NOTICE OF PUBLIC HEARING

NOTICE OF A FRANCHISE AND CONCESSION REVIEW COMMITTEE ("FCRC") PUBLIC HEARING to be held on Tuesday, October 13, 2015, commencing at 2:30 PM at 22 Reade Street, Borough of Manhattan, relating to a change of control of mobile telecommunications franchisee ExteNet Systems, Inc. (ExteNet) whereby ExteNet's parent, ExteNet Holdings, Inc. will be acquired by Odyssey Acquisition, LLC (Odyssey). Following the transaction, ExteNet will be indirectly controlled by Odyssey. Odyssey is controlled by a series of holding companies, which are ultimately owned by Stonepeak Communication Holdings LLC, Digital Bridge Small Cell Holdings LLC, and Delta-v Capital MRH LP.

A copy of the ownership organization chart reflecting the proposed changes of control ("proposed organizational chart") may be viewed at DoITT, 2 Metrotech Center, 4th Floor, Brooklyn, NY, 11201, commencing September 21, 2015, through October 13, 2015, between the hours of 9:30 AM and 3:30 PM, excluding Saturdays, Sundays and holidays. Paper copies of the proposed organizational chart may be obtained, by appointment, at a cost of $.25 per page. All payments shall be made at the time of pickup by check or money order made payable to the New York City Department of Finance. The proposed organizational chart may also be obtained in PDF form at no cost, by email request. Interested parties should contact Roxanne Chambers at 718-403-6730 or by email at RChambers@doitt.nyc.gov.

NOTE: Individuals requesting sign language interpreters or any other accommodation of disability at the public hearing should contact the Mayor's Office of Contract Services, Public Hearing Unit, 253 Broadway, 9th Floor, New York, New York 10007, (212) 788-7490, no later than SEVEN (7) BUSINESS DAYS PRIOR TO THE PUBLIC HEARING. TDD users should call Verizon relay service.

The Hearing may be cablecast on NYC Media channels.

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NFL power rankings | by Luke Miller

No. 1

Patriots (2-0)

New England is on a warpath. A few fumbles let the Bills climb back into a game that was 37-13 at one point, but this is the second week in a row the Patriots have won a game that wasn't at all as close as the score indicated. The Pats face Jacksonville on Sunday.

No. 2

Packers (2-0)

A Week 2 regular-season game will never qualify as revenge for a conference title game, but the Packers got the most satisfaction they could in the win over Seattle. Aaron Rodgers keeps finding receivers and the Pack will still be at the top of this list until the day he isn't under center.

No. 3

Cardinals (2-0)

The end of last season made it easy to forget how good this team is when Carson Palmer is around and healthy. The Cards have faced two of the NFL's bottom-feeders so far, to be sure, but they've treated them as such. Larry Fitzgerald's renaissance Sunday was nice to behold.

No. 4

Broncos (2-0)

Denver rallied to stun the Chiefs last Thursday after another sluggish offensive start like the one against Baltimore. Everyone had an opinion on the end of the Peyton Manning era last week, but Manning made his known by throwing for three touchdowns and nabbing a late-comeback win.

No. 5

Cowboys (2-0)

One would be hard-pressed to find two more-costly back-to-back victories in NFL history as the Cowboys lost Tony Romo to injury just a week after Dez Bryant went down. Still, both are hopeful to return this season and Dallas has some breathing room in the lowly NFC East.

No. 6

Bengals (2-0)

Two weeks, two impressive victories for Cincy. Drubbing Oakland 30-13 looks even better in the wake of the Raiders' upset win over Baltimore, and San Diego is always a quality opponent. The Bengals are balanced on offense right now. Jeremy Hill just needs to get the fumbles under control.

No. 7

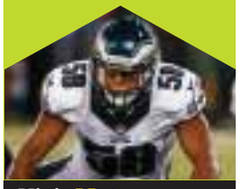
Seahawks (0-2)

Seattle could make a case last week that it outplayed St. Louis. That case isn't there this week. Not that anyone would consider questioning a decision made by Pete Carroll, but get Kam Chancellor back fast, Seahawks! The Cardinals are already two games up in the division.

Best of the rest

- **8. Steelers (1-1):** If this is the Pittsburgh offense without Le'Veon Bell and Martavis Bryant, look out.
- **9. Chiefs (1-1):** The Chiefs have allowed comebacks two straight weeks now.
- **10. Bills (1-1):** Buffalo gets some points for fighting back in the fourth after falling down 37-13.
- **11. Jets (2-0):** This defense has to be salivating as they start watching Eagles tape.
- **12. Colts (0-2):** We all knew Indy had to get past the Patriots entering this season. Now it seems their bugaboo is the entire AFC East.
- **13. Panthers (2-0):** Cam Newton is going to have to do it all for Carolina.

3 SPORTS



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Oscar Lindberg saw just one game of action with the big club last season. / GETTY IMAGES

Lindberg pushes for spot on main Rangers' roster

NHL. It's make-or-break time for the young center.

Alain Vigneault distilled the exhibition season to one word:

Evaluation.

"Exhibition, for coaches and management, it's more about player evaluation and trying to put our style of play on the ice," the Rangers head coach said after New York began the preseason portion of its 2015-16 campaign with a 6-3 win over the Devils Monday night at the Garden. "Exhibition, the veteran guys are trying to get their rhythm, and the other guys are trying to impress us and show us they belong here."

Like, say, Oscar Lindberg.

The 23-year-old center from Skelleftea, Sweden, is essentially in his final training camp with the Rangers. Signed to a two-year, $1.3 million contract over the summer, Lindberg would need to clear waivers in order to report to AHL Hartford, which seems unlikely as there are NHL teams that could use a young, low-cost forward. Especially one that has been able to produce solid numbers at the AHL level.

In 150 games with the Wolfpack spanning the last two seasons, Lindberg has recorded 100 points (46 goals and 54 assists). And according to Vigneault, the coaching staff at Hartford was impressed with the center's play in the second half of last season.

"He's been able to be a very effective player in the American League," he said. "Now can he come to the NHL and be an effective player? I would envision him being a penalty killer [more] than a power play guy. He's probably going to get a look at more than one position, center and [the wing]."

Against the Devils, Lindberg scored the fifth of the Rangers' six goals. He finished with a goal on two shots and blocked a shot in 14:55 of ice time.

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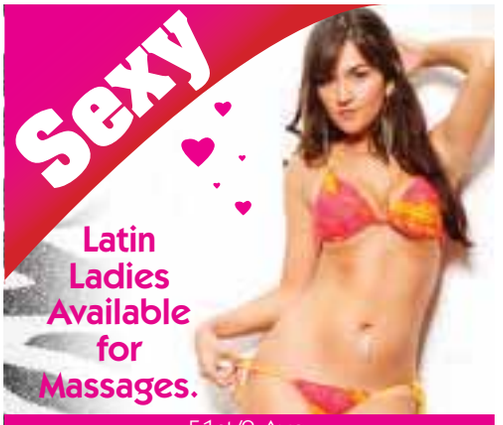

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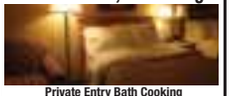

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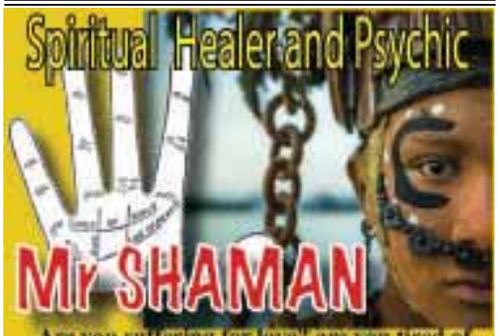

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LEGAL NOTICES

NOTICE OF FORMATION of Fortune LS LLC. Articles of Organization filed with the Secy. of State of New York (SSNY) on 05/20/2015. Office location: Queens County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 84-19 Jamaica Ave., Woodhaven, NY 11421. Purpose: any lawful activity.

NOTICE OF FORMATION of Shul & Associates LLC. Articles of Organization filed with the New York Secy. of State (SSNY) on 05/28/2015. Office location: New York County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 401 Broadway, Suite 700, New York, NY 10013. Purpose: any lawful activity, Real Estate.

NOTICE IS HEREBY GIVEN that a license, Number 1287036, for Restaurant Wine has been applied for by the undersigned to sell Wine & Beer at retal in a Restaurant under teh Alcoholic Beverage Control Law at 133-42 39th Ave, Unit G02, Flushing, NY 11354, for on premise consumption. Golden Shabu Shabu Flushing Inc. d/b/a Mister HotPot..

NOTICE OF FORMATION of Dean Street Society LLC. Articles of Organization filed with Secy. of State of NY (SSNY) on July 23, 2015. Office location: New York County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Hilary Rushford c/o Dean Street Society, 276 5th Ave., Suite 204, New York, NY 10001. Purpose: any lawful activity.

NOTICE IS HEREBY GIVEN that a license, Number Pending, for Beer, Liquor & Wine has been applied for by the undersigned to sell Beer, Liquor & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 187 Lenox Ave., New York, NY 10026, New York County for on-premises consumption. Harlem Burger, Inc. d/b/a Archer and Goat.

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